

# USA Dance Bluegrass Chapter Newsletter

Volume 1, Issue 4

September / October 2005

## Next Board Meeting

The next board meeting is scheduled for December 5, 2005 at 7:00 p.m. and everyone is welcome to attend. However if you have an item for the agenda, please contact Henry Stephens prior to the meeting.

## Upcoming USA Dances:

### September 10, Saturday

USA Dance "Dance for the Heart"  
Fund Raiser and Silent Auction

#### [Oleika Temple on Southland Drive](#)

Instructor: F. Cottrell Dance Center with Cha Cha  
Lesson: 8:00 to 9:00 p.m.  
Open Dance: 9:00 to 11:30 p.m.  
Music: Jack Meinking

Admission for the Dance for the Heart:

USA Dance Members: \$9.00  
Nonmembers: \$12.00  
Full Time Students: \$4.00

### October 15, Saturday

USA Dance

[Eastern Kentucky University](#)

[Keen Johnson Ballroom](#), Richmond

(Driving Directions below)

Instructor: Marianne McAdam with TBD  
Lesson: 8:00 to 9:00 p.m.  
Open Dance: 9:00 to 11:30 p.m.  
Music: Marianne McAdam

### EKU Driving Directions:

From Lexington, take I-75 south to Richmond Exit 87. At the end of the exit ramp turn left onto the Bypass. At the sixth stoplight, turn left onto Lancaster Avenue (Highway 52). At the first street to the right, turn on Park Drive. Turn left at the first short drive into the Martin parking lot (just past the crosswalk). Park and look for the signs to the Keen Johnson Building.



## Dance for the Heart

### Be Good to Your Heart!!

Dancing is good for your heart! So ... grab your dancing shoes – and your checkbook – and head for our September 10<sup>th</sup> "Dance for Heart"! This year marks the 9<sup>th</sup> year the Bluegrass Chapter of USA Dance has sponsored this charity event benefiting the Lexington office of the American Heart Association.

A Silent Auction is held during the dance with all proceeds going to the American Heart Association. There are some terrific items up for bid in the Silent Auction - including gift certificates to area restaurants, arts events and dance lessons. There will also be a raffle for door prizes. Your admission entitles you to a ticket for one of the door prizes.

All proceeds from the Silent Auction, as well as profits from the dance, will go to the American Heart Association. Joey Maggard, Heart Walk Director, will be on hand to thank our chapter for sponsoring this event each year since 1997.

Admission for this special charity event will be \$9 for members, \$12 for nonmembers and \$4 for students. The F. Cottrell Dance Center will teach a lesson on the ChaCha and will also perform a demonstration. Jack Meinking, popular DJ at USA dance events, will provide the music.

You can help out with donations for the Silent Auction by asking your favorite restaurant or store for a gift certificate, or offering a donation yourself! The more items in the Silent Auction, the greater our contribution to the American Heart Association! Please contact Janet Thompson ([Janet.Thompson@ky.gov](mailto:Janet.Thompson@ky.gov)), John Hartman ([jhartman@uky.edu](mailto:jhartman@uky.edu)) or Henry Stephens ([he\\_steph1261@yahoo.com](mailto:he_steph1261@yahoo.com)) to make a donation.

## USA Dance Calendar of Events

### Admission for all dances (unless noted):

USA Dance Members: \$7.00

Nonmembers: \$10.00

Full Time Students: \$3.00

### July 16, Saturday

USA Dance

[Oleika Temple on Southland Drive](#)

Instructor: Doreen Beatrice with Rumba

Lesson 8:00 to 9:00 PM

Open Dance 9:00 to 11:30 PM

Music Susan Blanchett

### August 13, Saturday

USA Dance "Newcomer's Dance"

[Oleika Temple on Southland Drive](#)

Instructor: Stacy, Mike Hinchey with E. Coast Swing

Lesson 8:00 to 9:00 PM

Open Dance 9:00 to 11:30 PM

Music Susan Blanchett

### September 10, Saturday

USA Dance "Dance for the Heart"

Fund Raiser and Silent Auction

[Oleika Temple on Southland Drive](#)

Instructor: F. Cottrell Dance Center with Cha Cha

Lesson 8:00 to 9:00 PM

Open Dance 9:00 to 11:30 PM

Music Jack Meinking

### October 15, Saturday

USA Dance

[Eastern Kentucky University Keen Johnson Ballroom,](#)

Richmond (Driving Directions Follow)

Instructor: Marianne McAdam with TBD

Lesson 8:00 to 9:00 PM

Open Dance 9:00 to 11:30 PM

Music Marianne McAdam

### November 12, Saturday

USA Dance

[University of Kentucky Student Center Ballroom](#)

Instructor: Mike & Mary Richardson with Swing

Lesson 8:00 to 9:00 PM

Open Dance 9:00 to 11:30 PM

Music Mike & Mary Richardson

### December 10, Saturday

USA Dance

[Oleika Temple on Southland Drive](#)

Instructor: Hunter Lisle with Bolero

Lesson 8:00 to 9:00 PM

Open Dance 9:00 to 11:30 PM

Music Susan Blanchett

## Etiquette – On the Floor

Dancing continues to grow in popularity, and our own dances are no exception. We had over 190 dancers at our August dance. When there are many dancers on the floor, some general guidelines can make things work smoothly.

**Follow the line of dance** – For traveling dances, stay in the counter-clockwise flow of the dance. Some moves may take you briefly against the flow. Do these only if the area behind you is clear, and only briefly. On a crowded dance floor you really don't want to be going against the line of dance. Never completely stop (and thus block traffic).

**Use the concept of lanes** – More experienced and faster moving couples dance on the outside of the floor, with slower moving couples dancing on an inner lane. Stationary dancers stay in the center portion of the dance floor. It is acceptable to do spot dances while others are traveling (e.g. swing and foxtrot, jive and quickstep, or stationary samba and traveling samba), if you use the center of the dance floor for the spot dance, leaving the outside free for traveling dancers.

**Get on and off the floor safely** – Exercise caution when entering the dance floor, especially if the dance is already underway. It is your responsibility to watch out for those already dancing. Some people recommend entering the dance floor at the corners. When the song is over, thank your partner, and leave the floor as quickly as possible. Understand that your partner may be anxious to find someone for their next dance. If you're not dancing, move off the floor.

**Don't teach on the floor** – Provide instruction only if asked. Remember that our social dances are not a classroom. Unless the other person specifically asks for help or advice, avoid trying to provide instruction. Let the instructors do the teaching. However, you should feel free in asking for feedback regarding how a move felt, etc.

**Share the floor** – Try to avoid others and watch for potential collisions. While this is generally the responsibility of the lead, the follower can assist as necessary – a gentle squeeze of the arm at first, but stopping if absolutely necessary. Don't assume that everyone will get out of your way. When a collision does occur, both parties should quickly apologize and continue dancing. Also, work on learning patterns that help with using open spaces on the floor (floorcraft). This can be difficult but becomes easier with experience. Also recognize that on a crowded social floor, flashy foot and arm movements may need to be reduced.

These tips remind us to exhibit courtesy on the floor and respect our fellow dancers and partners. Help make our dances and our club better by practicing excellent floor etiquette.

**Happy dancing ....**

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Significant content used by permission of James Marshall, website: [www.astro.umd.edu/~marshall/dance/etiquette.html#floor](http://www.astro.umd.edu/~marshall/dance/etiquette.html#floor)

## Unaffiliated Local Dancing

### All That Dance!

Dance Instructors (Ballroom, Latin, Swing & more)  
For more information, contact:  
Contact: Anthony and Nichole Lewis  
Phone: 1-877-283-4289 (Toll Free)  
Email: [info@lexingtondance.com](mailto:info@lexingtondance.com)  
[www.lexingtondance.com](http://www.lexingtondance.com)

### Argentine Tango Practica

Wednesdays at ArtsPlace, Lexington, KY  
Contact Judith Gariepy at 252-0012 or  
Lynda Matusek at 266-4818.

### Arthur Murray Dance Studio

Open Ballroom Dance Party on Oct. 22<sup>nd</sup>: Dance party  
on some other Saturdays, call for information.  
1801 Alexandria Drive, Ste 132, Lexington, KY  
[www.LexingtonArthurMurray.com](http://www.LexingtonArthurMurray.com)  
Contact: Dance Studio or Hunter Lisle  
Phone: 859-278-7711

### Bluegrass Bop Club

Dances on most Sunday (except Holiday weekends)  
from 6:30 to 9:30 p.m. with Professional DJ.  
Dance lesson from 6:30 to 7:00 p.m.  
Admission: Non-members \$4; members \$2  
Arts Place, 161 North Mill Street, Lexington, KY  
For information contact:  
Rose Douglas (859) 253-6206  
[rdouglass@centralbank.com](mailto:rdouglass@centralbank.com) or  
Carol Stump (859) 223-1463  
[cstump@Fayette.k12.ky.us](mailto:cstump@Fayette.k12.ky.us)

### Dance-A-Lot

Social and Ballroom Dance Instructors  
Dance Party with lesson on the 4<sup>th</sup> Friday of the month  
Dancer's Studio, Clays Mill shopping Center at 7:45  
Lexington, KY  
[www.dance-a-lot.com](http://www.dance-a-lot.com)  
Contact: Michael and Stacy Hinchey  
Phone: 859-278-7214

### Franklin Cottrell Dance Center

Open Dance Party every Friday, call for information.  
2573 Richmond Road,  
French Quarter Square, Lexington, KY  
[www.franklincottrell.com](http://www.franklincottrell.com)  
Contact: Dance Center  
Phone: 859-266-3966

### Lexington Dance Club

September 24 and October 8 at  
UK Student Center Ballroom,  
October 29 at Oleika Temple  
Contact: Jim Holmes  
Phone: 859-257-1947

### Lexington Vintage Dance Society

ArtsPlace, 161 North Mill Street, Lexington, KY  
[www.lexingtonvintagedance.org](http://www.lexingtonvintagedance.org)  
For information, call 420-6780.

### Step N Out Studio

Workshops and Dances, Covington, KY  
[www.stepnoutstudio.com](http://www.stepnoutstudio.com)  
[www.cincyswing.com](http://www.cincyswing.com)  
Contact: Dance Studio  
Phone: 859-291-2300

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*Tango, Waltz, Foxtrot, Samba, Mambo, Rumba*

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### UK Swing Dance Club

6-Week Beginner and Intermediate Swing Dance  
Lessons, Mondays at Tates Creek Recreation Center  
Ballroom, Gainesway Drive, Lexington. See club web  
site for details: [www.uky.edu/StudentOrgs/HKSDC](http://www.uky.edu/StudentOrgs/HKSDC)  
Contact: Mike Richardson, email at  
[mrich2@email.uky.edu](mailto:mrich2@email.uky.edu)  
Phone: 859-257-5303 x81307.

UK Swing Dances on September 24, October 9 and 29  
8:00 p.m. – 12:00 at Arthur Murray Studio.

## Area USA Dance Chapters

### USA Dance of Greater Louisville

Dance last Saturday of month

See website [www.lousabda.org](http://www.lousabda.org) for location and details.

### USA Dance of Cincinnati

- September 17, Saturday

- October 8, Saturday

- October 29, Saturday, Anniversary Ball

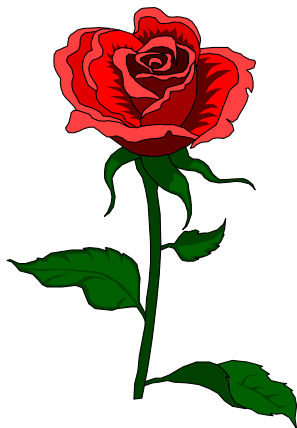
See website [www.dancecincinnati.org](http://www.dancecincinnati.org) for location and details. Phone: 513-961-0136

### Freedom Dance

On Labor Day, Monday, Sept. 5th at National Guard Armory from 7:00-10:00 p.m. with music by DJ Mo. Casual Dress, alcohol and smoke free for all ages at \$5 per person. Active duty military and national guard personnel admitted free with an ID. Learn Electric Slide, Swing Switch, and Rebel Strut.

The Armory is located behind Bluegrass Field Airport less than 15 minutes from downtown Lexington. From Versailles Road (US 60) go south on Man-O-War and turn right at Airport Road (second street).

For information, contact Jerry Hadden at (859)396-6665, email: [JerryHadden@insightbb.com](mailto:JerryHadden@insightbb.com) or Charles Parker at (317)979-9278, email: [parkerwcw@aol.com](mailto:parkerwcw@aol.com).



## Favorite Dance Places While Traveling

### Indiana Roof Ballroom

The Indiana Roof Ballroom has been a favorite ballroom dance venue since 1927 when it was hailed as the world's most danceable floor. The 8,000 square foot floor is circular in shape and resembles the courtyard of a Spanish village with a nighttime sky and twinkling stars and unexpected thunderstorms occurring during some band breaks. Today, the only scheduled public dances are held on a few Sunday afternoons each year from 5 to 9 p.m. Eastern Standard Time (Indianapolis does not have Daylight Saving Time). The music is provided by various national Big Bands playing music of the 1930's and early 1940's except for an occasional cha-cha or mambo from the 1950's. Approximately a fourth of the dance selections are Latin with the remainder being primarily foxtrot and swing.

The schedule for the remainder of the year is:

- August 24, 2005 - Johnnie Kaye Orchestra
- September 18, 2005 - Russ Morgan Orchestra
- November 20, 2005 - Jan Garber Orchestra

The price is \$13 per person. Seating is on the dance floor and on the balcony overlooking the floor, depending upon how early reservations are made. If you don't care where you sit, tickets are available at the door.

Indiana Roof Ballroom,  
140 W. Washington St., Indianapolis, IN 46204,  
(317) 236-1877, Website [www.indianaroom.com](http://www.indianaroom.com)

Visited by Jerry Raider and Janet Thompson

### Let Us Know

If you have discovered exciting and interesting places to dance while traveling, please let us know. Write a brief description, including contact information, and send to [bluegrassusabda@aol.com](mailto:bluegrassusabda@aol.com), or if you do not have email, give the information to Susan Ellmann or Henry Stephens.

## Sympathy

Sympathy is extended to the friends of Vince Borres, a new member who died on July 16<sup>th</sup> in the central Philippine town of Concepcion. Vince joined our Chapter in May 2005.

## Record Attendance - August Dance

Attendance at the August 13, 2005 dance set a record for our Chapter with 196 dancers! The dance was our "Newcomers' Dance", and participants in the Summer Beginners Class were our guests.

However, they were not the only 'newcomers'. Some of their friends and family members were present to watch them. In addition, twelve dancers from the Bluegrass Bop Club attended. It's great to see increasing interest in Ballroom dancing.

## Bluegrass Chapter Dancers in National Championships

Our Bluegrass Chapter was well represented in the 2005 USA DanceSport National Championships held the weekend of August 13th in Minneapolis, MN with three participants. Congratulations to **Pam West**, **Marta Nilsen**, and **Andrew Harris**. Special kudos to Pam and Andrew for their first place finish in both the Adult Bronze Rhythm and Adult Silver Rhythm divisions! Make sure you dance with them before they become stars!

## Dance Performance Group

Once every three months, several Bluegrass Chapter dancers will entertain residents of a local nursing home with a demonstration of ballroom dancing. Organized by Barbara Mostert, future exhibitions are expected to occur on average of once a quarter, and during the evening hours.

If you would like to participate and interject some cheer into the lives of others, please contact Barbara at 223-1490. We would like to develop a roster of available dancers.



## Welcome New Members

The Chapter had no new members during June and July. New members for August will be reported in the November/December Newsletter.

If you know of any new members that we have missed recognizing, please let us know by email at [bluegrassusabda@yahoo.com](mailto:bluegrassusabda@yahoo.com) or telephone (Henry Stephens at 223-1389).

## The Foundation of a Successful Chapter – Volunteers!

Many thanks to our volunteers! The foundation of successful dances and continuity of our chapter is members giving their personal time and energy. Needless to say, the only compensation is personal satisfaction, knowing that you have promoted an activity that you really enjoy and desire to share.

The functions of a chapter involve numerous activities, many behind the scene. We always need volunteers, and hopefully, as we expand our organizational structure, you will be willing to serve.

## Bluegrass Community & Development College – Fall 2005

Beginning, Intermediate, Advanced Social and Latin-American Dance Lessons.

Information and Registration at [www.bluegrass.kctcs.edu/BG/CCP](http://www.bluegrass.kctcs.edu/BG/CCP) or

Phone: (859) 257-4872, ext. 4426

## Board Members, Officers, Chairs

**President: Henry Stephens, 859-223-1389**

[he\\_steph1261@yahoo.com](mailto:he_steph1261@yahoo.com)

**Vice-President: Ed Moore**

[moor425@hotmail.com](mailto:moor425@hotmail.com)

**Secretary: Dorothy Hall**

**Treasurer: Joe Buckman**

[joe hustle1@yahoo.com](mailto:joe hustle1@yahoo.com)

### Board Members:

Ron Balcolm, Susan Blanchett, John Hartman, Kathy Marra,  
Barbara Mostert, Janet Thompson, Phil Thornton

### Chairs:

Beginner Dance Class: Kathy and Mike Marra

Dance Set-up, Refreshments, Decorations: Dorothy Hall

Hospitality: Dorothy Stephens

Membership: Phil Thornton

Newsletter Publisher: Susan Ellmann

Nursing Home Performances: Barbara Mostert

Webmaster: Ed Moore

YCN Coordinator:

**Next Board Meeting: December 5, 2005 at 7:00 p.m.**

## Bluegrass Chapter 2028

The Bluegrass Chapter of USA Dance, formerly the [United States Amateur Ballroom Dancers Association](#) (USABDA), is a non-profit organization devoted to the enjoyment and improvement of ballroom dancing.

The public is welcome at the chapter's monthly dances. Although [membership](#) in the national association is encouraged, it is not required to attend any of these dances. Yearly membership dues in the national association are \$25 for the amateur dancer and \$15 for students. Visit our web site at [www.geocities.com/blusabda](http://www.geocities.com/blusabda)

Information and notices of general interest are welcome. To be considered for inclusion in this newsletter, send articles by email to [dcellmann@worldnet.att.net](mailto:dcellmann@worldnet.att.net). All articles are subject to review by the chapter staff and may be edited as necessary. ■

USA Dance, Bluegrass Chapter 2028  
P. O. Box 22107  
Lexington, Kentucky 40522-2107



ADDRESS CORRECTION REQUESTED

Mailing label here  
Street Number and Name  
City, State 98765-4321

